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JUNE 2025

NALANDA MONASTERY NEWS



"The Most Secret Hayagriva is the practice/commitment that Lama Yeshe gave to Lama Zopa Rinpoche to do the retreat every year for the protection and success of all the FPMT. So now that Rinpoche is no longer with us, we are organising the group retreat every year for the students to do. This retreat will be held in Nalanda for the first time and then every year in Kopan Monastery - as a group retreat. One needs the initiation to attend."

Ven. Roger

Dear {{ contact.FIRSTNAME }}, please enjoy our latest news and information:

Get the blessing of the holy relics of Lama Zopa Rinpoche

11 June 2025: Saka Dawa

His Eminence Khensur Rinpoche Lobsang Delek

28 June - 10 July 2025

His Holiness the Dalai Lama's 90th birthday

6 July 2025

Hayagriva retreat

11 - 28 July 2025

Calm abiding and Lamrim retreat

15 - 28 August 2025, online

Fulfilling Lama Zopa Rinpoche's wishes

Kalarupa thangka

Receiving ordination from His Holiness the Dalai Lama

Register before October 31st

Sharing the daily life at Nalanda

Study Programs

**GET THE BLESSING OF THE HOLY RELICS OF LAMA ZOPA
RINPOCHE**

11 June 2025: Saka Dawa

On June 11, Nalanda Monastery will celebrate the 15th day of Saka Dawa, one of the four great holy days in the Buddhist calendar. According to the Vinaya text *Treasure of Quotations and Logic*, karmic results are multiplied by 300 million

times on this day. On this auspicious day, you can offer one or more Tibetan butter lamps (€10 each) in honour of yourself or your relatives. Each name will be mentioned with each lamp.

Offer a butter lamp



Tibetan led lamp offerings with the names of the sponsors on the labels.

Program

5:00: Eight Mahayana precepts

11:30: Recitation of the [Sutra Remembering the Three Jewels](#) and of the *King of Prayers*

12:30: Lunch

14:00: Screening of shorts videos of Lama Zopa Rinpoche

14:30: Lama Zopa Rinpoche's relic blessing while reciting the *Names of Manjushri* and the *Swift Return Prayer*

15:15: Tea break

15:30: Lama Chopa and tsog



The room in Kopan Monastery where Lama Zopa Rinpoche's holy body is preserved.

At 14:30, people will be able to receive **direct blessings from the Holy Relic Pill of Lama Zopa Rinpoche.**

List of the special blessed substances contained in this relic pill made from Kyabje Lama Zopa Rinpoche's white and red bodhicitta:

- 1/ Mani Pills blessed by His Holiness the 14th Dalai Lama at the Thekchen Choling Main Temple, Dharamsala.
- 2/ Very special samaya pills of the great Kyabje Zongtrul Dorje Chang.
- 3/ Exceptional sacred substances from Kyabje Yongzin Ling Rinpoche's estate.
- 4/ Nectar pills in the lineage of the Fourth Panchen Lama, Lobzang Chokyi Gyaltsen, from the Tantric College of Tashi Lhunpo Monastery.
- 5/ Very rare and special samaya nectar pills of Drepung Tashi Gomang Monastery.
- 6/ Sacred nectar pills containing substances blessed by many holy beings of India and Tibet from Ganden Shartse Thoesam Norling Monastery.
- 7 Spiritual water blessed by the late Kyabje Lama Zopa Rinpoche.
- 8/ Water from sacred sites in Nepal, Bhutan, India, and Tibet.

9/ Lama Zopa Rinpoche's secret substances, inner offering, medicinal substances, and water blessed with mantra.

This holy relic pill of the supreme Kyabje Lama Zopa Rinpoche was blessed on the 25th February, 2024 at Rinpoche's private residence in Kopan presided over by Ganden Tri Rinpoche, the supreme Jetsun Lobsang Tenzin, the esteemed Yongzin Ling Rinpoche, Kopan Monastery Abbot, Geshe Thubten Chonyi, together with senior lamas, geshe and tantric monks of Kopan Monastery.



Holy relic and holy salt from Kyabje Lama Zopa Rinpoche.

Spiritual Leadership and Lama Zopa Rinpoche's Legacy

His Eminence Ling Rinpoche gave a short talk during the CPMT meeting on the 7 April 2025 about spiritual leadership and Rinpoche's legacy.

[Watch now](#)

HIS EMINENCE KHENSUR RINPOCHE LOBSANG DELEK

28 June - 10 July 2025



This summer in Nalanda, **from June 28 to July 10 2025**, His Eminence Khensur Rinpoche Lobsang Delek, 74th Abbot of Sera Jey Monastery and previous Abbot of Gudme Tantric Monastery, will come to Nalanda for **a series of exceptional events**: prayers, teachings, celebration of His Holiness the Dalai Lama's 90's birthday, and initiations, including the Most Secret Hayagriva Initiation and commentary.

Rinpoche is one of the very few Lamas who can confer the Most Secret Hayagriva initiation.

Program

Saturday 28 June, 14:30 - 17:30

Medicine Buddha Initiation

Sunday 29 June, 14:30 - 17:30

White Tara Initiation

1st to 3rd July

Auspicious Prayer Festival with five monks invited from Sera Jey Monastery

4 and 5 July, 10:00 - 12:00 & 14:30 - 16:30

Commentary on Tsongkhapa's Concise Treatises on the Stages of the Path to Enlightenment (tib. *lamrim dudon*)

6 July

Celebration of H. H. the Dalai Lama 90th birthday

7 and 8 July, 14:30 - 17:30

Most Secret Hayagriva initiation (commitment: a few daily mantra recitations)

9 and 10 July, , 10:00 - 12:00 & 14:30 - 16:30

Commentary on Hayagriva

11 July evening to 28 July

[Most Secret Hayagriva retreat led by Geshe Thubten Sonam-la](#)

**More information and
registration**

HIS HOLINESS THE DALAI LAMA'S 90TH BIRTHDAY

6 July 2025



The Great 14th Dalai Lama.

On Sunday, 6 July 2025, we will celebrate **the 90th birthday of His Holiness the Dalai Lama** in the presence of Khensur Lobsang Delek Rinpoche, our Abbot Geshe Losang Jamphel, Geshe Tenzin Loden, Geshe Jamphel Gyaltzen, and the entire Sangha and lay community of Nalanda Monastery, Dorje Pamo Monastery, and Vajra Yogini Institute, as well as all Himalayan people living in the Toulouse region and anyone else who would like to participate in this highly meaningful event.

This special day will also mark the beginning of the "**Year of Compassion**", which will continue until 6 July 2026.

More information

Register now

Program

08:45: Guru puja for the long Life of His Holiness the Dalai Lama under the tent

11:00: Offering of the mandala to Khensur Rinpoche Lobsang Delek

Offering and distribution of butter tea and rice

Advice given by Khensur Rinpoche Lobsang Delek

Short speeches by political guests

Sufi prayer for peace

Short speech by Tenzin Trinley, representative of the Tibetan community

Offering of the cake to His Holiness the Dalai Lama

Offering of the 'Happy birthday' song to His Holiness the Dalai Lama (with french chorus)

Recitation of the long version of the long life prayer for His Holiness

Distribution of cake and sweet tea (chai)

Offering of two songs and dances from the Tibetan community

Offering of a dance by the Nepalese community (to be confirmed)

12:20 (approx.): leaving the tent for the offering of tsampa (Lha Gya lo)

12:30: Picnic in the park or under the tents depending on the weather.

Afternoon party in the park until 19:00.

15:30: Serving butter tea and chai in the park.

New link for His Holiness Mani Mantra Recitation Initiative

Yeshin Norbu FPMT Center in Stockholm has launched a wonderful and worldwide recitation of Om Mani Padme Hum mantra. The motivation of this initiative is to offer these mantras for His Holiness' long, healthy and stable life,

for the fulfillment of all His projects, for world peace/universal compassion and to fulfill Lama Zopa Rinpoche's wishes by offering our practices to His Holiness. The total of all the recitations will be offered to His Holiness the 14th Dalai Lama on the 6th of July for his 90th birthday. You can register your recitations by using this [spreadsheet](#).

HAYAGRIVA RETREAT

11 - 28 July 2025



**"This retreat will be held in Nalanda for the first time and then every year
in Kopan Monastery - as a group retreat."**

Ven. Roger

Following the [Most Secret Hayagriva Initiation](#) that will be given by His
Eminence Khensur Rinpoche Lobsang Delek at Nalanda Monastery on Monday

7th and Tuesday 8th July, a **two-week retreat** will be organised on the grounds of the monastery.

To take part in the retreat, one must have received the Most Secret Hayagriva full initiation from a qualified Lama.

[More information](#)

[Register](#)

CALM ABIDING AND LAMRIM RETREAT

15 - 28 August 2025



Registration is now closed for the Calm Abiding and Lamrim retreat with Ven. René Feusi. However, you can register to **follow the retreat online!** Please use the following link to register:

FULFILLING LAMA ZOPA RINPOCHE'S WISHES

Nalanda would like to fulfil another of the late Kyabje Zopa Rinpoche's wishes. A few years ago, Rinpoche asked the artist Sonam Sherpa to paint **a thangka of Kalarupa**.

Sonam began the drawing on a canvas measuring 120 cm by 92 cm (not including the brocade).

Kalarupa is **a wrathful aspect of Manjushri**, the Buddha of Wisdom. He is one of the supramundane Protectors of the father class of Mahaanuttarayoga tantra and one of the three main Dharma Protectors of Lama Tsongkhapa. Kalarupa is accompanied by his consort, Chamunid, and they are both surrounded by a blazing fire of pristine awareness.



Part of the drawing made by Sonam.

If you would like to take part in this meaningful project, particularly during the month of Saka Dawa, please use this link (select "Kalarupa tanghka"):

[Support us](#)

RECEIVING ORDINATION FROM HIS HOLINESS THE DALAI LAMA



A very rare and precious opportunity!

If you or anyone else is considering **taking ordination as a novice** (male or female) or as **a fully ordained monk** (male only) with His Holiness the Dalai Lama in Dharamsala after the Tibetan New Year in February/March 2026, you must complete an application form **by 31 October**. Applications received after this date will not be considered.

In order to be ordained, you must attend **a pre-ordination course** and fulfil certain prerequisites. For non-Himalayans, this is the only way to be ordained at that time.

For all communications related to applying for ordination with His Holiness the Dalai Lama and the Pre-Ordination Course (POC), please contact Canadian Geshe Tenzin Norbu at monastic.ordination@gmail.com and Tenzin Tsepag at His Holiness' Office at tsepag@dalailama.com.

More information about the Pre-Ordination Course

SHARING THE DAILY LIFE AT NALANDA



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

**JOIN A SPIRITUAL
COMMUNITY**

VOLUNTEER *at* **NALANDA**

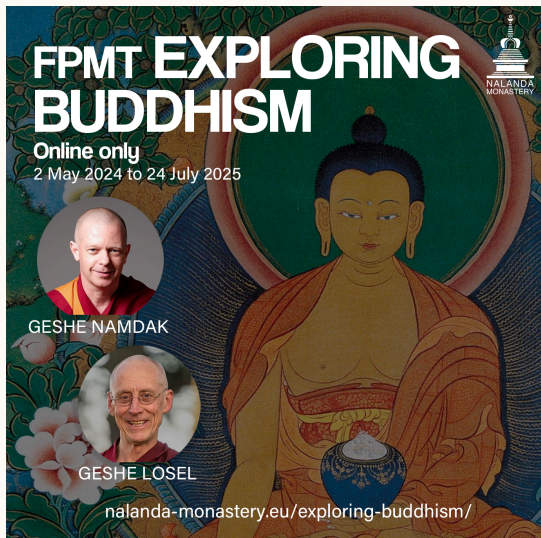
**FOR MORE
INFORMATION**

**WRITE TO
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MONASTERY.EU**



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36 RUE DU DR EMERY COMPAYRE
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STUDY PROGRAMS



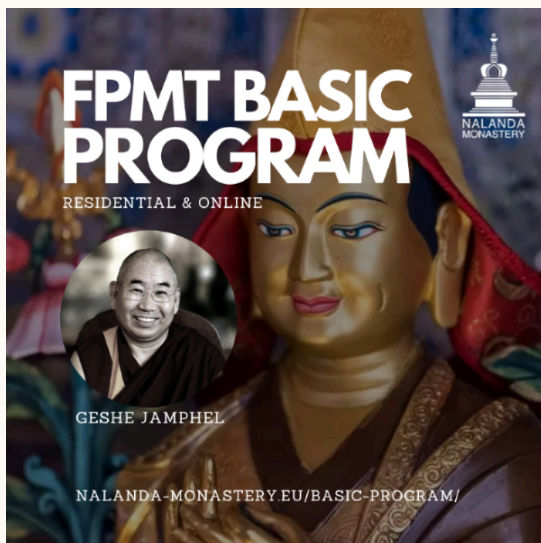
FPMT Exploring Buddhism

with Geshe Tenzin Namdak and
Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 ongoing
🌐 in English with translation in French
📍 online

information and
registration



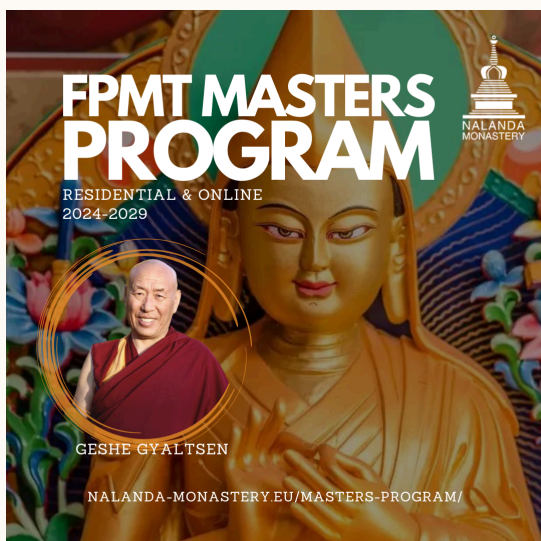
FPMT Basic Program 2023-2028

with Geshe Jamphel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing
🌐 in Tibetan with translation in English, French & Spanish
📍 in person and online

information and
registration



FPMT Masters Program 2024-2030

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

🔔 ongoing
🌐 in Tibetan with translation in English and French
📍 retreat: in person | teachings: in person and online

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Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



Nalanda Monastery

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Affiliated with the [FPMT](#)

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